

Thornton Rust

Bulletin

No. 281

1st Feb. 2026

TR on TV

Thornton Rust featured on the BBC's Escape to the Country last month. This time they featured the east end & the K6 phone box. The village was also featured back in 2015, which is pretty good going for a small village.

Rob Newall

Exercise from home

Did you know you can go to the gym without leaving home? Yorebridge Sport and Leisure in Askrigg have two classes a week that you can either access in the studio with their instructor, Kirsten, or you can follow live from the comfort of your home via Zoom.

The exercises do not need any specialised equipment, just a bit of space with no trip hazards. You do the exercises to your own fitness level; you can choose to increase the resistance by using bands (or a towel) and weights where you feel able. Kirsten guides you through an hour of activity from warm up to cardio, strengthening and stretches before a cool down at the end. They run on a **Monday and Wednesday, 9.15 – 10.15**. Classes are £9 pay as you go, there are discount options for monthly memberships and for purchasing 8 vouchers.

The team at the gym are always happy to show anyone around the excellent facilities and chat through what your needs are. Don't hesitate to get in touch - 01969650060

admin@yorebridge-sport.co.uk
www.yorebridgesportandleisure.co.uk

Gemma Gurden & Vanda Hurn

Dates for your diary

Please save the dates for the following events at the Institute:

- Coffee Morning, **Saturday 28 February**, 10.30am. £3
- Institute AGM, **Tuesday 17 March**, 7pm *New date*
- Open Parish Meeting, **Thursday 12 March**, 7pm.
- Lent Lunch, **Friday 13 March**, 12 - 1.30pm
- Saturday Sizzler breakfast. **Saturday 21 March**, 10am. £2
- Easter Coffee Morning, **Monday 6 April**. £3
- Skittles, **Saturday 18 April**
- Yorkshire Day meal, **Saturday 1 August**

Lent Lunch

Rev Tom will host a Lent Lunch in the Institute on **Friday March 13th** from 12 - 1.30 pm. Please get in touch if you're able to donate food or help - rob_and_rach@outlook.com

Rob & Rachel Newall

Parish open meeting

Our annual parish meeting is in the Institute on **Thursday 12th March** at 7pm. I will clerk the March meeting and then stand down. A new clerk is needed. Is there anyone willing to take this on? It takes a few hours per year - pipspatch@googlemail.com

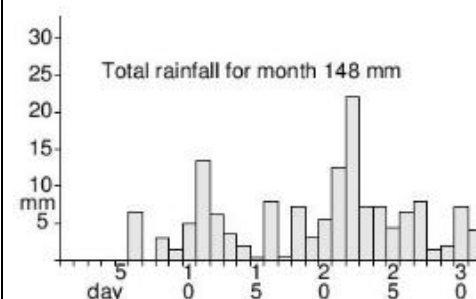
Pip Pointon

Christmas Whist

Thank you to everyone for the generous donation of prizes for the hamper and the raffle on the occasion of the Christmas Whist Drive. An amazing £248 was raised on the night for the Institute.

Marjorie Spence

Rainfall



Jan. 2025: 96 mm;
Jan. 2024: 234 mm;
Jan. 2023: 225 mm.

Refuse collection dates

Recycling	Thursday 5 Feb.
Grey bin	Thursday 12 Feb.
Recycling	Thursday 19 Feb.
Grey bin	Thursday 26 Feb.

Note: Garden Waste starts 5 March

Map in minutes

There are 2763 maps with 103,098 named properties on my website. But some people ask, 'How do you make a map?'

I can construct the roads and buildings for a new map in a few minutes. If you want to see how, contact me (cj@colinday.co.uk, 663 034) and I will be happy to give you a live demonstration. Colin Day

Mission Room

An Evensong service will be held in the Mission Room on **Sunday 22nd February** at 3pm. All welcome.

Jackie Cook

Institute suggestions

Please get in touch with any member of the Institute committee if you'd like us to discuss any issues or suggestions when we next meet on **Tuesday 24th February**.

Two pages this time...

See also *Thornton Rust* updates at <https://aysgarthanddistrict.co.uk/parishes/thornton-rust>

Editors: Rob & Rachel Newall tel. 07528 273977, email: rob_and_rach@outlook.com

Annual Rainfall

Thank you to Colin Day for sharing his Thornton Rust rainfall figures going back to 2004. The total rainfall over these years amounts to 29 Metres (97 Feet)

The wettest year was 2015 with 1.717 Metres.

The driest year was 2010 with a mere 0.925 Metres.

The average rainfall between 2004 & 2025 has been 1.339 Metres.

Year	Rainfall (mm)
2004	1390
2005	1132
2006	1470
2007	1302
2008	1706
2009	1326
2010	925
2011	1251
2012	1526
2013	1171
2014	1334
2015	1717
2016	1195
2017	1161
2018	1136
2019	1399
2020	1676
2021	1180
2022	1206
2023	1611
2024	1456
2025	1195

